



"We want to positively impact people's lives through the power and appreciation of art."

September, 2015

Issue #106

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Art Cart

For the FREE Report,
**Selecting Appropriate Art for
Your Health Care Facility** visit
www.photosforhealing.com

Upcoming Events:

**Still time to join Monte on his Fall
Workshop Trip to Michigan's Upper
Peninsula**

October 3 – 11, 2015

You'll learn tips and techniques while
exploring picturesque places with Monte
as your teacher and guide.

All of the Upper Peninsula is stunning
during the fall color season.

Color is usually best the last two weeks of
September and the first week or two of
October, so you will be visiting during the
optimal timeframe.

Call for more details ASAP.

248-426-0333

**Photography with Monte Nagler/
Interlochen Center for the Arts**

October 18 @ 9:00 am - 4:00 pm

Interlochen Center for the Arts,

4000 S. M-137 Hwy.

Interlochen, MI 49643

Date: Sunday, October 18, 2015

Time: 9:00am – 4:00pm

(231) 276-7200

-----**Basic**

**Photography Class/ Schoolcraft
College**

18600 Haggerty Rd. Livonia, MI 48152

734-462-4676

Date: Nov. 2, 2015

Time: 6:00pm – 10:00pm

**Basic Photography Class/
Brighton Community Ed.**

850 Spencer Rd. Brighton, MI 48116

734-462-4676

Date: Nov. 9, 2015

Time: 6:00pm – 10:00pm

Call Brighton Community Education for
registration information 810-299-3818



Art Cart

Exerts from: Healthcare Design Online/ August 31, 2007 by Upali Nanda, PHD, Kathy Hathorn, MA, & Tali Neumann, RN, M

When people who are ill view and/or make art, their attitude and outlook change. When people are relaxed, it allows the immune system to operate optimally.

The Art Cart, at no cost to patients, offers a choice of fine art reproductions and popular posters for patient rooms that provide diversion, comfort, and aesthetic enjoyment. Having the opportunity to choose art for their room gives patients some control over their surroundings, giving them a sense of empowerment as well as creating a more personal environment. The interaction with a concerned volunteer has also proven to be a welcome form of socializing for patients.

There is a growing body of evidence arguing for the role of art in healing with both scientific studies and anecdotal references backing the argument. Scientific studies have focused primarily on health outcomes—the measure of a patient's condition or progress, or indicator of healthcare quality. These outcomes can be broadly classified into three categories.

- Clinical indicators, such as length of hospital stay, blood pressure, and other observable signs and symptoms relating to patients' conditions. For example, ceiling-mounted pictures shown to highly stressed, pre-surgical patients on gurneys resulted in lower blood pressure when the images were of serene nature scenes.
- Patient/staff/family-based outcomes, such as patient ratings of perceived pain, satisfaction, or staff-reported satisfaction with working conditions. For example, adult patients in a procedure room reported better pain control when exposed to a nature scene with nature sound in the ceiling.
- Economic outcomes, such as cost of patient care, staff turnover, and economic impact. For example, in a study with gallbladder surgery patients spanning eight years, it was found that patients with a view of nature had lower lengths of stay and lower intake of analgesics than those viewing a brick wall; this argues for a distinct economic benefit. While the economic outcome has been established with "views", it is yet to be established with artwork per se. However, it is indicative about the role of "nature" as appropriate content for hospital art.

Based on the amount of evidence in place, the presence of appropriate art in the hospital is becoming an essential component of healing environment design. A prevalent but minimally documented means of getting art to the patient areas, especially the patient rooms, is the Art-Cart Program.

