



"We want to positively impact people's lives through the power and appreciation of art."

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In This Issue:

New Series: The Importance of Art in Daily Life- Series Article 3

All year we will be focusing on the importance art plays in our daily life through a series of interesting articles.

For the FREE Report, **Selecting Appropriate Art for Your Health Care Facility** visit www.montenagler.com

Upcoming Events:

Photography Class at Crooked Tree Arts Center

322 6th St, Traverse City, MI 49684
Date: April 16; Time: 10:00 am - 2:00 pm
Join Monte in Traverse City, Michigan where you'll learn tips and techniques for taking amazing photographs, then put that new found knowledge into practice outside with Monte as your guide.
For details please call: (231) 941-9488

Photography Workshop Trip with Monte Nagler Spring 2016

This year's trip will begin on April 30th in Ohio's dazzling Hocking Hills State Park and will conclude on May 8th at Toledo's world re-known zoo and aquarium. And, as always on these trips, we stumble upon so many unexpected photo opportunities along the way! For more details [Click Here](#).

Fine Art Photography with a Master/ Schoolcraft College;

Jeffress Center
18600 Haggerty Road, Livonia, MI 48152
Date: June 27, 2016; Time: 6 - 10 p.m.
Spend an evening with Monte Nagler, a renowned photographer, writer, lecturer and teacher of photography. Let him teach you to see photographs as a way to experience beauty. Learn about composition, shutter speeds, apertures and exposure. See techniques you can use with digital cameras, filters, flash, and lenses to create a spectacular photo. Breathe new life into your photos, creating a positive impact for your viewers. For more information or to register [Click Here](#).

**MONTE NAGLER
FINE ART, L.L.C.**



Why You Need More Art in Your Life (and 5 Ways to Get It)

The following is comprised of excerpts from an article that was originally written and published by Michael Hyatt/ Virtual Mentor at michaelhyatt.com on 9/22/14.

If you want to find more creativity, satisfaction, and happiness, the single best solution I know is adding more art to your life. ~Michael Hyatt

What Art Can Do for Us

In our pragmatic culture we usually see art as optional. We drill this into kids from an early age. We tell them to be practical and belittle their dreams because we can't imagine how they'll make any money pursuing them.

But the truth is, art is indispensable. Art gives us meaning. There are things that cannot be understood with pure reason—like love and beauty, to name two. Art helps us understand our world.

It does that because it helps us transcend our world. Art has the power to point us to the spiritual aspect of humans. It doesn't answer all the questions, but it can shine a light on questions we didn't even know we had.

And art requires something of us. At the most basic level it can stir us to gratitude. But it can also awaken the creative imperative in us. As people we have to do more than merely produce. We have to create, to express, to give life to the ideas inside us.

The cool thing is that creativity works like a muscle; the more we use it, the stronger it gets.

And here's the good news: We don't have to attend exclusive concerts and travel abroad to get more art in your life. Some of the most rewarding artistic moments I've ever had have been in my own living room or around a friend's dinner table.

5 Ways to Get More Art into Your Life

As I've thought about this subject, I've come up with five super simple ways to get more art into our lives.

- 1. Cultivate a taste for beauty.** As with so much in life, making room for art starts with intention. Take time to notice beauty. When we hear or see something stirring, we should comment on it to deepen the impression. Talk about it with someone close to you. Share it if possible. However you approach it, make it a priority.
- 2. Set art-related goals.** How many of last year's Academy Award-winning movies have you seen? How many of the great novels like *The Brothers Karamazov* or *Moby Dick* have you read? Make some lists of artistic works you want to experience and then get a plan to do so. Planning is the first step to doing.
- 3. Revisit your childhood hobbies or interests.** What if you can't think of any types of art you want to pursue? Go back to those things that got you excited as a teenager—possibly the same time that part of you got shut down. Did you draw, write, paint, or play an instrument? Even if you don't go that direction now, it may open up doors for other kinds of art that work for you today.
- 4. Cook, garden, and build stuff.** There is so much joy that comes from artfully preparing and sharing food, or successfully working a garden. Which leads to the final point...
- 5. Make some of your own.** One reason Apple has thrived is that they have tapped the power of art. Their product design is engaging and compelling, definitely. But another major way they've tapped that power is by enabling their customers to be creatives. From movies to music to graphic design, Apple has led the way in helping people express their art.

If you want to really find joy, make space in your life to create things of beauty. Don't merely consume—contribute, create, fashion, and share.

There are other ways to get more art in your life, but the important thing to do is find some ways that work for you and then get going.

If we try to run our lives on the metrics, we'll end up bored and empty. Art can elevate and enable us to live lives deep in meaning, rich in joy, and full of creativity.